










## Crisis Hotlines (USA)

### NATIONAL **EMERGENCY** & **CRISIS** LINES

-  Imminent Emergency, Health Crisis, Car Accident call or text [911](tel:911)
-  Mental Health Crisis Helpline: [1-800-985-5990](tel:1-800-985-5990) OR CALL [988](tel:988)
-  Red Cross Emergency Communications Specialist call 24/7 [1-877-272-7337](tel:1-877-272-7337).  
Military family support
-  Suicide Hotline and Confidential Counselors [988 \(Hotline\)](tel:988) / [1-800-784-2433](tel:1-800-784-2433)  
En Español: [1-888-624-9454](tel:1-888-624-9454)
-  Drug and Alcohol Abuse Hotline [1-800-622-HELP](tel:1-800-622-HELP)
-  National Teen Dating Abuse Hotline [1-866-331-9474](tel:1-866-331-9474)
-  National Teen Pregnancy Hotline [1-800-238-4269](tel:1-800-238-4269)
-  National Domestic Abuse Hotline [1-800-799-SAFE \(7233\)](tel:1-800-799-SAFE)
-  Human Trafficking & Victim Support Hotline [1-888-373-7888](tel:1-888-373-7888) or text ["Help"](text:Help) or ["INFO"](text:INFO) to [233733](tel:233733)
-  Child Abuse [1-800-4-A-Child](tel:1-800-4-A-Child)
-  Missing Child Hotline [\(800-843-5678\)](tel:800-843-5678) [1-800-The-Lost](tel:1-800-The-Lost)
-  Animal Shelter [1-757-622-7382](tel:1-757-622-7382)
-  [United way-call-211](tel:202-690-2211) Find any assistance you need now!
-  Poison Control & Drug Overdose [1-800-222-1222](tel:1-800-222-1222)