



TEXT PLEDGE

RISE UP

ACTIVITY BOOK

END DISCRIMINATION
Kindergarten & First Grade



NAME: _____

www.textpledge.us

ABOUT TEXT PLEDGE

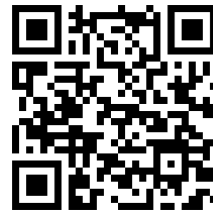


Text Pledge is a nonprofit in Greater Grand Rapids, MI, that seeks to change the world one pledge at a time. Our pledges focus on ending some of the worst social issues affecting our communities, from distracted driving to acts of violence. Each pledge challenges members to practice compassion, and speak up when they witness injustice. We encourage you to help others in times of crisis. Together, we can make the world a kinder place.

Our pledge program includes the following elements available on our website www.textpledge.us and the Text Pledge App available on iOS/Google Play.

NATIONAL SMART CARD

EMERGENCY HOTLINES
AND RESOURCES



FREE
DOWNLOAD

NATIONAL STATISTICS

UPDATED MONTHLY
TO REFLECT THE IMPACT OF
EACH PLEDGE TOPIC IN OUR
WORLD



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WEBSITE

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FOR AGES KINDERGARTEN
THROUGH GRADE TWELVE.
AVAILABLE ON THE TEXT PLEDGE
WEBSITE AND THE MOBILE APP.



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A Message From Our Founder

People come with their own sizes, shapes, colors, backgrounds and beliefs.

Discrimination happens when someone is treated differently because of how they look, how they act, or what they believe. The world is not free from discrimination. Compassion and empathy are lacking in today's world. Injustices this basic are becoming more in short supply. It's extremely valuable for us to do our best to help create change and you can too.

In this lesson, we will explore the topic of discrimination and identify behaviors that challenge it.

Crisis lines are always available at TextPledge.us or on the Text Pledge App.

Happy Learning!



Ms. Naomi
Founder at the TextPledge Project



WHAT IS

DISCRIMINATION?

Discrimination is **treating someone unfairly or differently because of how they look, where they come from, or what they believe.** For example, they might have a different color skin, use a wheelchair or speak a different language. **Discrimination is not nice and it hurts people's feelings.** See below for example situations of discrimination.



Ignoring people on purpose



Teasing or making fun of someone because they are different.



Leaving someone out of a group activity or game.



Refusing to share toys or games with others.



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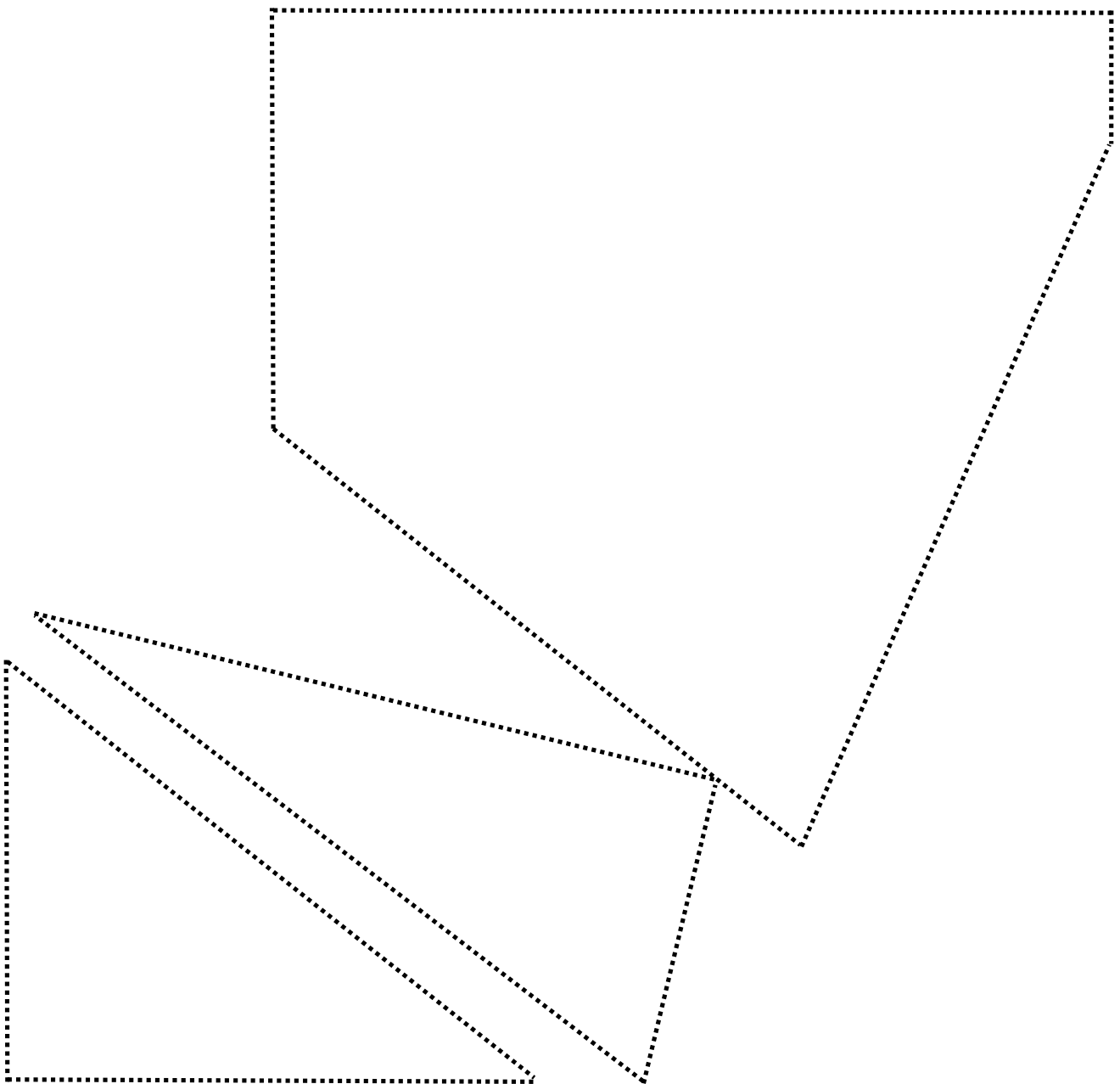
RISE UP

SHAPE OF YOU

Level 1

Instructions

Color and cut out each shape.
See the next activity for further instructions.

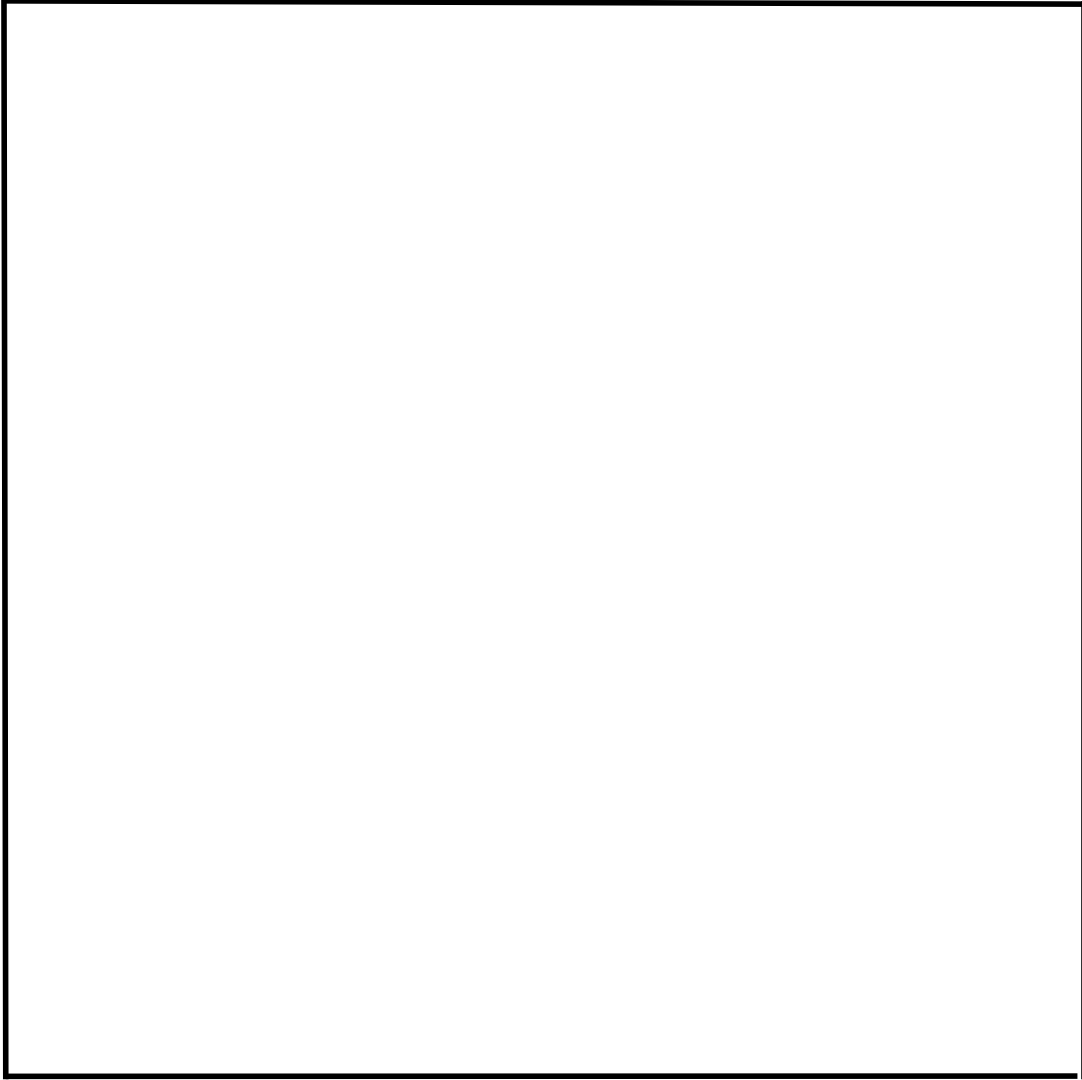




TEXT PLEDGE

RISE UP

SHAPE OF YOU



The perfect fit can be found when we are thoughtful about how and where we use our shapes.

Instructions

Arrange all the cut-out shapes so that they fit into the square.



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RISE UP

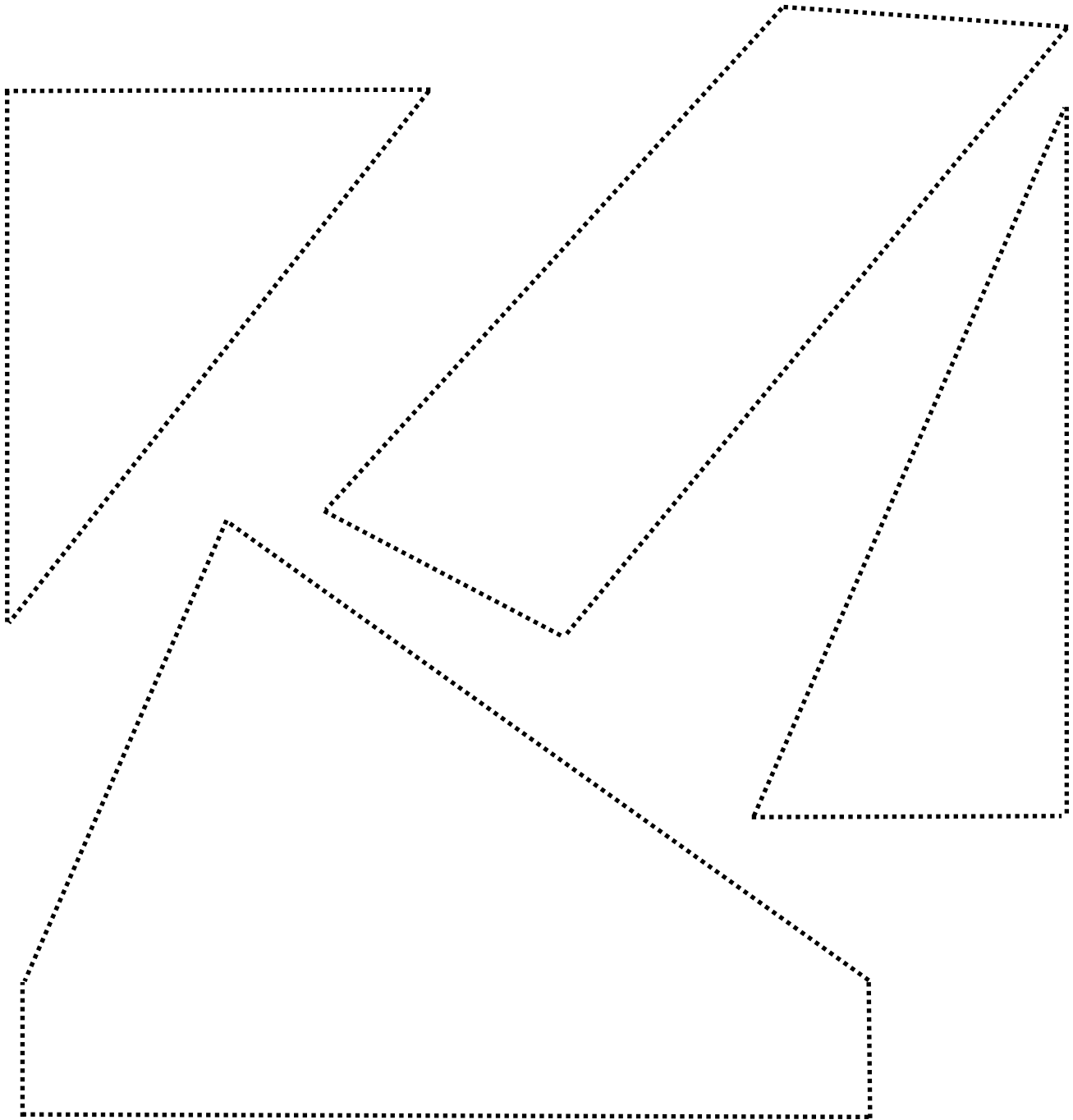
SHAPE OF YOU

Level 2

Every person comes in different sizes, shapes and colors.

Instructions

Color and cut out each shape.





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ALL ABOUT US

Discrimination can occur without intention. It is important to proactively create environments of mutual respect.

Trace the words and read the definition.

Diversity

the practice or quality of including or involving people from a range of different social and ethnic backgrounds and of different genders, sexual orientations, etc.

Inclusion

the practice or policy of providing equal access to opportunities and resources for people who might otherwise be excluded or marginalized, such as those who have physical or intellectual disabilities and members of other minority groups.

Equality

Treating everyone the same way and giving everyone the same resources or opportunities, regardless of their differences.

Equity

Ensuring that everyone has the resources and support they need to succeed, even if it means providing different resources or opportunities based on individual needs.

Looking for Answers?



**Scan this code to view the
answer key for this activity book**



TEXT PLEDGE

RISE UP

**A SMART PLEDGE PROGRAM
DESIGNED WITH STUDENTS IN
MIND**

www.textpledge.us

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